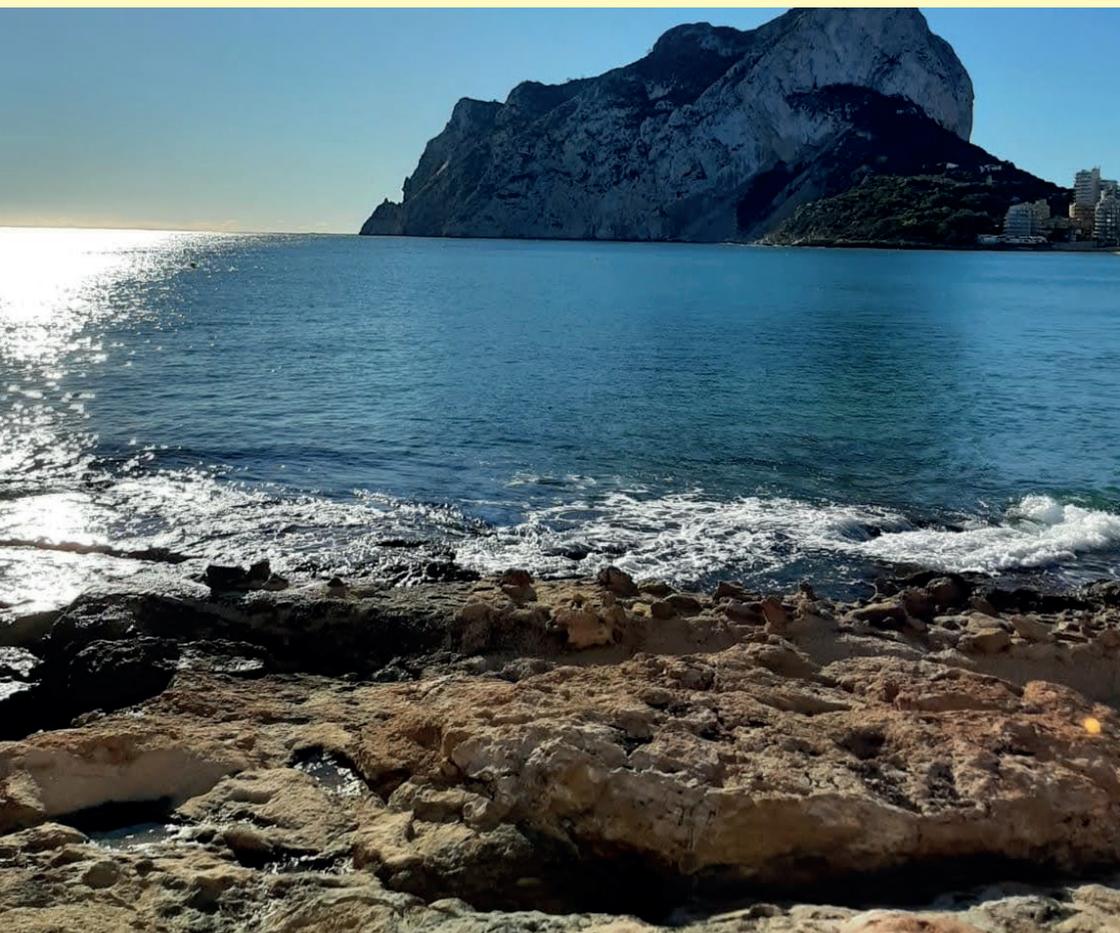


# THE ROCK

Issue 1

PEOPLE | REVIEWS | WHAT'S ON | LOCAL INTERESTS



*The Rock is the quarterly magazine of the Costa Blanca Anglican Chaplaincy. For the people about the people whoever you are!*

## Message from the Editor

Welcome to the first edition of The Rock. The aim of the Rock is to bring people together in a spirit of friendship. To provide information about activities, get to know other people who live on the Costa Blanca. The role of the Anglican Church on the Costa Blanca.

The Chaplaincy covers from Gandia in the north to El Campello in the south. See the back page for all our places of worship.

If you have a story you would like published in the Rock then please email it to me. Sports news, jokes or quiz questions are all welcome.

If you would like to advertise in the Rock please contact the editor.

**davidwarblers@gmail.com**

Stay safe,



In about 63 BC Cicero, the Roman, philosopher, politician and senator wrote:

## What is the soul?

It is not moist or airy or fiery or compounded earth.

There is nothing in these elements that accounts for the power of memory, mind or thought, that recalls the past, foresees the future or comprehends the present.

Rather the soul must be counted as a fifth element - divine and therefore eternal!



*Cicero, the Roman, philosopher,  
politician and senator*

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Wedding Blessings and Funerals.  
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or [frpauldDean@gmail.com](mailto:frpauldDean@gmail.com)



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## A Sporting Lady Linda Margaret Coe by David Brown

Linda was born in Aberdeen but at the age of five moved to Aberystwyth in Wales and it was here on a local farm where she developed her love of animals. From an early age, she wanted to be a vet but her mother was having none of that. 'Not the sort of thing a young lady would do,' was her comment! Linda's father was serving in the Army Dental Corp at the time she was born. He had been tasked with setting up a dental surgery in the almost totally destroyed city of Caen for the Allied Forces after D day.

After the war, Linda ended up going to Cheltenham Ladies College, which was probably due to her mother's insistence. So Linda had to leave her beloved pony club in Wales and hang out with the girls in college where she excelled at cricket, lacrosse, hockey and believe it or not, ladies rugby. All of which she pursued with the same intensity as she did everything. It was very important to her that she understood even the minutest part that made the whole work. Something Linda did throughout her life. Linda was also an excellent swimmer, winning the college swimming trophy only to have it taken away from her when she and some other girls were caught at midnight drinking from the trophy. Linda claimed it was only cream they were drinking, really!

Having met her lifelong companion and husband Dennis they moved to Ireland on a three year contract for an American company. Ireland allowed them both to fully expand their love of horses. Within a short time they had bought land and started to build stables for their expanding herd of four legged friends which included several dogs. All the while living in a mobile home as



they had to wait until the stables were built before they could afford to start on a home for themselves. Meanwhile Linda was competing in horse trials and eventing, becoming a noted presence in dressage, eventually winning the All Ireland Dressage Championships. Dennis meanwhile had developed a love for polo, no not the sweets, polo on horseback and was also competing at a high standard. With the three year contract in Ireland completed the horror of having to go back to Britain to continue the same work and leaving their beautiful horses behind was too much. They both decided to take the step of giving up working for a company. Instead, they stayed in Ireland and started their own business in the management of stud farms for wealthy clients. While Dennis dealt with the physical issue of the venture, Linda applied the same dedication she did when competing to making the business work through the administration and management.

All this work didn't stop Linda taking part in the local hunts, not that the fox was anything to do with why Linda was there. She was racing over the countryside on a powerful hunter and leaping hedges and fences that others rode round. She became known as a fearless rider, willing to jump any obstacle. Besides being known as a fearless hunter she had a reputation as a tough haggler.

One breeder, from whom Linda was buying a lovely mare, wanted one thousand five hundred Irish pounds. Eventually, after some time, Linda had beaten the dealer down to one thousand pounds, at which point the exhausted man just said, "Jeezus mam, will you just take the horse and let me go home!"

At some time in the nineteen eighties Dennis bought Linda an Irish Draught Mare and after a short while they noticed the mare was putting on weight. After the vet checked the mare they discovered she was in foal. The mare gave birth to a colt which had five legs! An additional leg was formed growing from one of the forelegs above the knee. The first reaction from everyone was to have the colt put down. Linda was having none of this and spoke to her vet who agreed to operate for free as this was something of a rarity and would make an exceptional article for the vet's journal. The operation was so successful that Hector, as the colt came to be called, went on to be a very successful eventer but not before he had kicked Dennis in a tender place giving him a hernia. Eventually Dennis and Linda decided to retire and leave Ireland, settling in Spain on the Costa Blanca where they took up golf with the



**Hector and Linda with just six legs**

Orba Warblers golf society. Dennis had played before and had an eighteen handicap. Linda had never played before but decided she would. The first thing she did was sit down and read the rule book.

Then, within a short time, Linda was hitting the ball like she was born to it and had a handicap matching Dennis. Sadly during one of her games with the Warblers she started to develop balance problems which was quickly diagnosed as a brain tumour. A year of treatment seemed to have dealt with the tumour but suddenly it was back and irreversible. In early 2021 Linda passed away. Her achievements in the sporting world, especially in the equestrian field, will not be forgotten. In Ireland the horse dealers knew her as the lady with soft hands. Meaning she could get a horse to do anything with love.

## A special lady!

*If you have a 'People' story please send it to the editor for possible inclusion in the next edition.*

# LENT and EASTER



## and their TRADITIONS

**LENT** is the 'getting ready time' before Easter. It begins on Ash Wednesday and traditionally lasts for 40 days - following the tradition of Jesus's 40 days in the wilderness. But if you count up the days from Ash Wednesday to Easter Day you'll find there are more than 40 days - that's because we don't count Sundays, which are always celebrations of the resurrection. Lent comes from an Old English word meaning 'spring' and, in the northern hemisphere at least, Lent always falls in springtime.

And so Lent, for Christians, has traditionally become a time for spiritual spring-cleaning.

Ash Wednesday - the first day of Lent - this year falls on February 22nd

Even before Lent begins, there are traditions which have grown up:

### Pre-Lent traditions

Lent has always been a period of 'fasting' in the Christian Church - a time when certain foods were abstained from as an exercise in self-discipline.

This usually meant meat and other animal products - like milk, eggs, and anything to do with animal fat, like lard, dripping etc. So before Lent began you had to use up these 'banned' products.

This gave rise to our tradition of 'Pancake Tuesday' - originally the day when you

used up the eggs, milk and fat which would be banned for the rest of Lent.

These days some people might give up sugar for Lent - or even alcohol! Speaking personally, 23 years ago on Ash Wednesday I gave up smoking. (I called it 'No-Ash Wednesday!') And I haven't had a cigarette since...

**SHROVE TUESDAY** - as it is known in England gets its name from the old word 'shrive', meaning to receive forgiveness. And so Shrove Tuesday is traditionally the day when Christians were 'shriven' (i.e. went to confession and received absolution) before the beginning of Lent.

In other countries, of course, there are many different traditions:

In France, Shrove Tuesday is known as 'Mardi Gras' - literally, 'Fat Tuesday', the day when all left-over fat would be used up. The phrase Mardi Gras has come to mean a Carnival - and so it is in many countries.

Here in Spain, and many other parts of Europe, and in Latin America, we have 'Carnaval': (and, yes, it is spelled correctly!) In many places there are great processions and celebrations through the streets. But the word 'Carnaval' (however you spell it!) comes from the Latin 'Carnis vale', which literally means 'goodbye to meat'.

The first day of Lent is **ASH WEDNESDAY**. The day gets its name from the ceremony of 'ashing' - making the sign of the Cross in ash on the forehead, with the ashes made from palm crosses of the previous Palm Sunday. Ash Wednesday and the ceremony of Ashing, is a reminder of our mortality and our dependence on God.

Just over half-way through Lent we have **MOTHERING SUNDAY** (NOT 'Mothers Day!'). This is always the Fourth Sunday of Lent. In the Church this is also known as 'Refreshment Sunday' - a day when the more strict rules of Lent were relaxed for a day.

Many traditions surround this particularly 'English' celebration.

On Mothering Sunday we give thanks for the Mother of Jesus, as well as our own mothers. At one time it was traditional to attend your Mother Church (maybe your Cathedral) on this day. In times past it used to be a Sunday when those who were 'in service' could go home to see their mothers - they went 'mothering': and what flower is most associated with Mothering Sunday? - daffodils - the Lent Lily.

Then comes:

**PASSIONTIDE** - which is actually the last two weeks of Lent, when our thoughts turn especially to the sufferings of Jesus. Originally the word 'passion' comes for the Latin word meaning 'suffering'.

And then

**HOLY WEEK** - the last week of Lent.

Holy Week begins with **PALM SUNDAY** - when we commemorate Jesus's triumphal entry into Jerusalem: We have our Palms

and Palm Crosses to remind us of this.

**MAUNDY THURSDAY** - The word 'Maundy' comes (again) from the Latin word 'mandatum' - which means 'commandment'. On this night, as well as celebrating the Last Supper with his disciples, and so giving the Church the gift of the Eucharist (Holy Communion), Jesus also gave his disciples a 'new commandment' - that they should love one another.

**GOOD FRIDAY** - Literally, 'God's Friday' - apart from the Christian significance of this day, when we commemorate the sacrifice of Jesus on the Cross, it is also traditionally the day to eat Hot Cross Buns - the cross reminding us of the Cross of Jesus.

All these traditions can teach us about the Christian Faith - and they can even be fun! All the Lenten traditions came about to help prepare for the most important day in the Christian year:

**EASTER DAY** - when we celebrate the Resurrection of Jesus from the dead.

And again, apart from the obvious importance of this day for all Christians, we have perhaps the most popular tradition of all - **EASTER EGGS**. These days they are made of chocolate (hopefully!) but the reason we have eggs is that they are symbols of the Resurrection: the chick breaking out from the egg is a symbol of new life breaking out of the tomb.

May you enjoy these traditions, and may they help you have a very blessed Lent and Easter.

Fr Rodney Middleton  
Assistant Chaplain.



# **A Life (occasionally) on the Ocean Waves**

I have a pleasure and a passion for travel, and a long-held joy in travelling by sea. As a father in my 30s, living in Hampshire, sailing friends knew that I was more to be trusted in the galley and the wine warehouse than in anything to do with rigging, navigation or tacking.

My interest goes back to childhood, despite my father's almost constant ill health and financial constraints my parents managed some form of holiday each year (even if illness might mean last minute cancellation sometimes). One of my earliest memories is of my first ocean crossing - well the Thames estuary crossing - from Southend pier to Ramsgate, aboard the paddle steamer Waverly.

At 7 we were then taken by car ferry on a rough crossing to Calais for the day. I was smitten!

As a hospitality student in 1970 I got to visit both the QE2 and the Canberra in dock in Southampton. And 12 years later, having dined on both at business events in the time we were there, to see each of them steam in triumphant, but battered on their return to Southampton Water from the Falklands conflict.

In the meantime, I had worked for the very young, but very successful tour operator, Thomson Holidays. In 1972 we launched our first cruise ship, the MV Ithaca. In truth it was a tastefully refurbished, but not very new Greek island hopper. As a youngster I knew just how privileged I was.

In the 80s and 90s I ran travel businesses, where our clients included regular cruisers and we attended a few industry celebrations on board the beautiful ships of the sea. By 2000 we were able to afford a short Caribbean cruise to celebrate our silver wedding anniversary. And in 2002 we joined fellow members of the Lords Tavernier's charity for dinner on board the brand-new Queen Mary II on the day of her naming by Her Majesty, Queen Elizabeth. Today we are fortunate to spend several weeks each year at sea, as guests of a prestige cruise line, to help entertain their well heeled guests. But that may be a story for another time ....I leave you with a toast

**Here's to tall ships**

**Here's to small ships**

**To all the ships of the sea**

**The best ships are friendships**

**Here's to you and me**

*Ed's note: Andrew Johnson lives with his wife Kathy in Calpe.*



# QUIZ



Test your knowledge! Answers on page?

1. Which acid makes Rhubarb leaves poisonous?
2. Which European country produces half of Europe's rice?
3. Between which two rivers does Manhattan lie?
4. Which country is due north of Uruguay?
5. Which desert lies between the Kalahari and the Atlantic?
6. What constituency did David Cameron represent as an MP?
7. The port of Archangel is in which country?
8. Which Burt appeared in "Bean- The Ultimate Disaster Movie"?
9. How frequently does the Tour de France take place?
10. Which Pole was first reached in 1909?

*Answers can be found in this magazine but you will have to search them out*

## CBAC 2022/23 Quiz League Results

Name	Played	Score	Position
Fuddled Friends	3	81	1st
Over the Hill	3	79	2nd
Orba Warblers 1	3	69 ½	3rd
Sweeties	3	69	4th
Petrol Heads	3	60	5th
Lost Souls	2	43	6th
The Old Dears	1	34	7th
The Preserves	1	26 ½	8th
The Bassies	1	19	9th



*The winning Team Left to right Marjorie, Kevin, Penny and Jill.*

If you like quizzing join in the CBAC Autumn quiz league starting October 2023. Details will be released in the next issue of The Rock!!.



## MOFTAG

### MIGHTY OAKS FROM TINY ACORNS GROW

Moftag is the longest running English Speaking Ladies Club in Calpe having been formed in 1978. A lady called Kathy Whiteside started the club because in those days there was nowhere for ladies to meet and this made Calpe a very lonely place for ladies living on their own.

The club quickly gained popularity with Wednesday activities planned in the form of classes organised by the members to share knowledge on arts & crafts, cookery, painting, needlework and Spanish Lessons to name but a few. It was not long before day trips and holidays all over Spain were also being organised. After about a year it was decided to allow husbands and partners to join in on the outings and lunches. At one stage the club had over 100 members and a waiting list had to be started for membership.

Apart from providing social events for their members MOFTAG is a registered charity and continues to raise money for local charities. The funds are raised by holding 2 Fayres a year at which home made goods are sold and games organised in addition to a huge raffle. All the members get involved in the organising of the

Fayre and many of them work at the Fayre for a morning. This gives our members so much satisfaction to be giving back to the needy communities in Calpe.

Moftag has always had Calpe and its residents at heart and in 1987 they were very much aware that there were not enough trees in Calpe so they bought and planted all the trees beside the Sports Stadium.

Calpe has acknowledged all the good work that Moftag has done for the town and the community over the years and in 2019 they were awarded the Corbata de la Vila Premis Jaume Pastor I Fluixa from the town of Calpe for its continued dedication to supporting local charities.

The Club has a very close relationship with their members and is always ready to help out and assist them when needs arise. There are currently 63 members in MOFTAG ranging in ages from 60's to 90's. There is always room for new members though so if you would like to know more about joining please contact our President - Jenny Godfrey who was one of the original members when MOFTAG held their first meeting!

Her number is 63 913 9518.

A Warm welcome awaits you!

# The Adventures of Walter

by Carole Anne Baggaley

## Part 1 - The Move....

The Adventures of Walter by Carole Anne Baggaley

Walter the Boxer dog is the true author of this story and he relates everything to me in dog speak, which I translate as accurately as possible.

### Part 1. The Move and the Vet

Our Mom and Dad, sometimes referred to as the parents decided to pack up our lovely house with its huge gardens and woodland in Spain and move back to their house in England. Sounds a bit foreign to me! An early morning and my sister and I were packed into the back of the car with all sorts of stuff strewn around us, but not a bag of food in sight. Help!

We spent loads of hours squashed together with stops for a leg stretch and a wee. Well, that's what we heard them call it. Such odd things they come out with!

After two nights in France we eventually arrived at their other house. "They have two houses" we heard some friends say. "Well they are young and a very well-heeled couple"! I ask you, what's all that about?

Anyway, I will continue, after arriving and unpacking a few things we got settled in and had a big bowl of food. Then it was lights out and we curled



up on our beds for a good night's sleep. Well, almost a good night as my sister Scarlet insisted on pushing me off my bed. What did I do? Nothing because I'm such a softy!

In the morning after breakfast we sat at the mud room door. No idea why they call it that, as if we would bring in any mud! When the door was opened we charged out on to a big green space. I heard the parents call it grass. It felt funny on my feet in a nice sort of way and the taller stuff tickled my nose and made me sneeze. Racing over the grass I felt like a champion sprinter then suddenly right in front of me whizzed a funny looking creature. I put on the brakes hard and Scarlet crashed right into me knocking the stuffing out of me! She never was very good at steering. I lay there looking up at Mom in a daze. "It's all right Walter it's nothing to be frightened of. It's only a rabbit." she said. What the heck is a rabbit? It's got big ears, a twitching

nose and big staring eyes. Scary!

I looked up at Mom and gave her my best take me home look. I'd had enough frights for one day and I needed lots of food and a warm bed. Being the best Mom in the world she did just that while Dad and Scarlet stayed out and played chase the ball. I don't know why Dad bothers. Scarlet always beats him to it.

To be continued with the visit to the vets! Arrrrgh!



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**Answers to the Quiz:**

1. Oxalic acid
2. Italy
3. Hudson River to the west and East River to the east. If you put the Harlem River as well, you have an extra point. This river lies to the northeast.
4. Brazil
5. Namib
6. Witney
7. Russia
8. Burt Reynolds
9. Annually
10. Robert Perry, Matthew Henson and 4 Inuits.



# Our Daily Bread

50 Favourite Recipes  
to celebrate 50 years  
of breaking bread together

A great recipe book to celebrate 50  
years of the chaplaincy.



*"I particularly like the Smoked salmon with Beetroot and Vodka Creme Fraiche, just my sort of meal.  
Of course I would add more vodka!"*

*Ed.*

## **Smoked Salmon with beetroot & vodka creme fraiche**

*from Moira*

(serves 6)

200ml carton creme fraiche

3tsp vodka

2tsp horseradish sauce

6 slices smoked salmon

250g cooked beetroot (not in vinegar) thinly sliced, then shredded

50g pot of salmon caviar (optional)

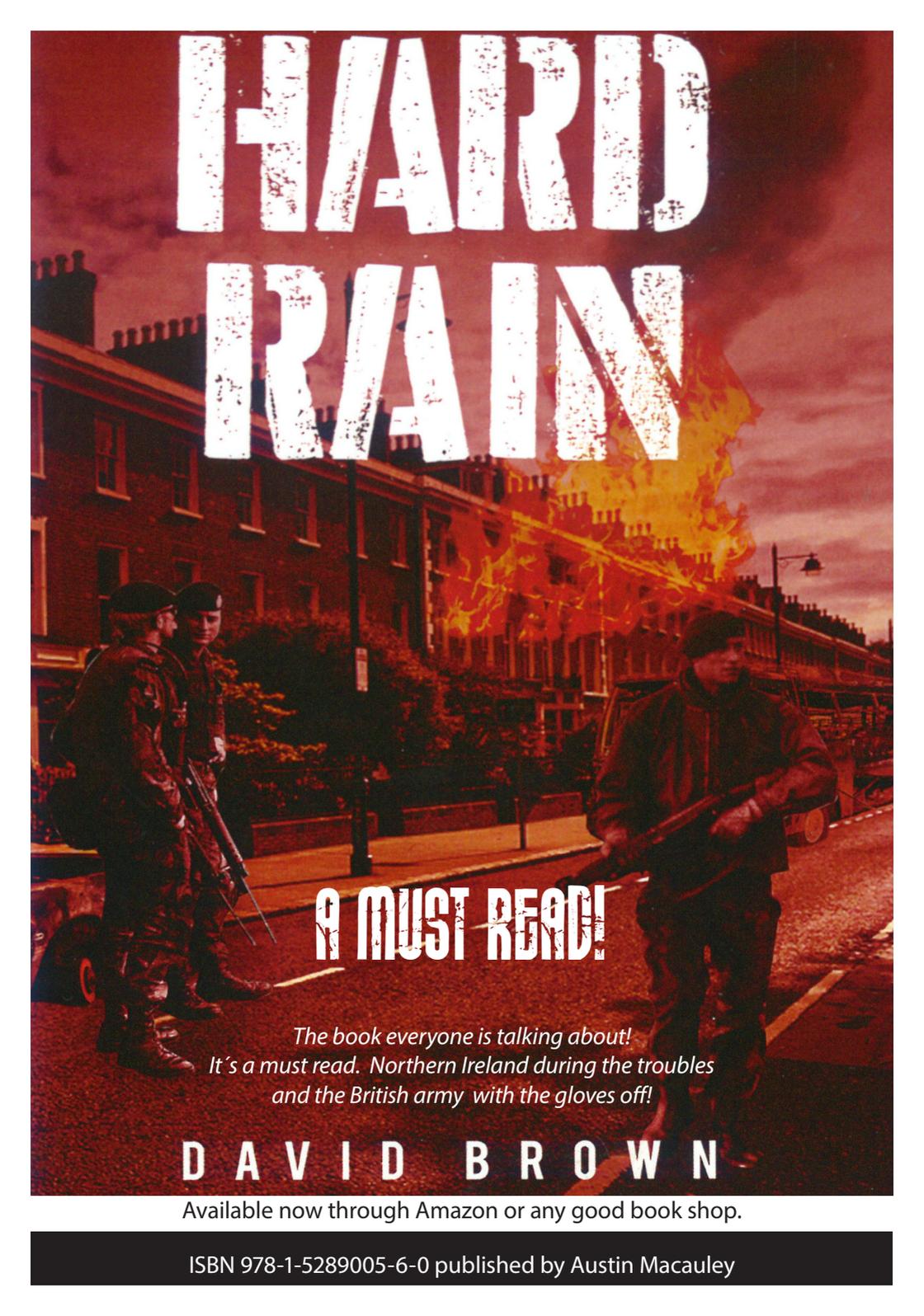
Some sprigs of dill

Beat creme fraiche with vodka and a little seasoning until it holds its shape.

Stir in horseradish. Chill in fridge.

Lay slices of salmon over plates, then top with beetroot and a spoonful of creme fraiche.

Add salmon caviar if using, then scatter over some dill.



# HARD RAIN

**A MUST READ!**

*The book everyone is talking about!  
It's a must read. Northern Ireland during the troubles  
and the British army with the gloves off!*

**DAVID BROWN**

Available now through Amazon or any good book shop.

ISBN 978-1-5289005-6-0 published by Austin Macauley

## Chaplaincy Message

Dear Friends, Welcome to the Chaplaincy of the Holy Spirit on the Costa Blanca. We are part of the Diocese in Europe and as such members of the Church of England. We offer the Holy Eucharist each Sunday in all of our worship centres together with a Eucharist on Wednesdays and Thursdays at Javea and Alfas del Pi.

We are an open welcoming and inclusive church with Christ at the centre of our common life together. Our Chaplaincy stretches from Valencia to Alicante and we have a team of dedicated clergy and lay leaders.

It would be a delight to welcome you to any of our services or social gatherings. If either I or my colleagues can be of any help to you please feel free to get in contact.

Please visit our website at [www.costablanca-anglicanchaplaincy.org](http://www.costablanca-anglicanchaplaincy.org) for the latest events and activities.

### Contacts:

**Fr Paul. mobile 711061864 or [frpauldean@gmail.com](mailto:frpauldean@gmail.com)**

**Fr Jim. Tel 965734029 or [jimbooker57@gmail.com](mailto:jimbooker57@gmail.com)**

**Fr Rodney. Mobile 678318688 or [rodmid169@yahoo.co.uk](mailto:rodmid169@yahoo.co.uk)**

The Costa Blanca Anglican Chaplaincy is totally funded by its congregation and by generous sponsors.

**If you would like to donate to keeping the church alive on the Costa Blanca please contact our Treasurer on [tesoroblanca@gmail.com](mailto:tesoroblanca@gmail.com)**



La Merced Church, Calpe

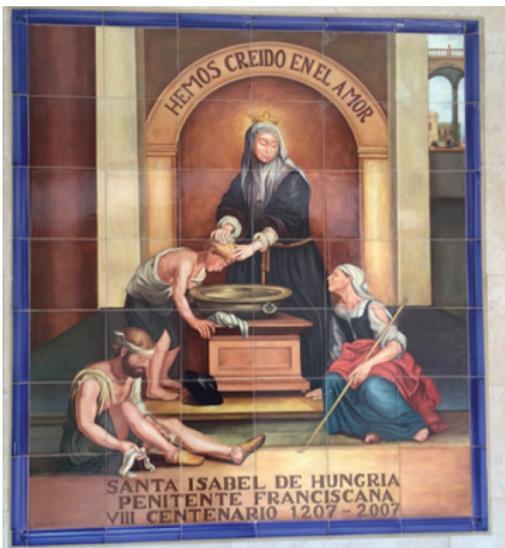
## The Franciscan Hospice at Palma de Gandia

Stephen Carden reflects on the work of the Franciscan Brothers at Palma de Gandia and the involvement of the Costa Blanca Anglican Chaplaincy.

The Franciscan Hospice (sometimes called The Refuge or Shelter) at Palma de Gandia provides residential and nursing care to around 50 homeless and ill men who would otherwise be on the streets. Three Franciscan Brothers provide love and care around the clock every day of the year, assisted by local volunteers and funded entirely by charity and providence.

The Chaplaincy first became involved in 2002 when the then Senior Chaplain, the late Father Eric Lewis, spoke to myself and Margaret Steedman (now of the Javea congregation) at a meeting of the Chaplaincy Council. He had been given a cheque for 1,000€ following a funeral he had taken. The cheque was made out simply to "The Franciscans." Father Eric was himself an Anglican tertiary Franciscan and he had heard Margaret and I speaking about the work of the Franciscans at Palma de Gandia. The Brothers had at that time recently moved into a semi derelict farmhouse to start a traditional Franciscan House caring for the poor and needy. We took the cheque to them and they were delighted to accept the donation, as many improvements were necessary to their newly acquired premises.

I was particularly concerned about the water supply which was drawn from a shallow well. I organised tests paid for by a member of one of our congregations. They revealed high levels of chemical and bacteriological contamination. When I showed the results to one of the Brothers he simply said, "We'll die when God wants us to die," a quote I've used many times



since in sermons on faith and trust in God. Thanks to another generous donation we were able to pay for a connection to the mains water supply.

Fund raising events in our local English speaking community enabled us to pay for the glazing of a conservatory to form a day room and to buy a large television for the residents. We generated publicity through the local English press. Donations soon followed from the Original Charity Shop and Library in Javea, the Costa Blanca North Rotary Club, Help of Marina Alta, Teulada Lions and local Masonic Lodges, as well as donations from private individuals, many of whom were members of our congregations.

Beverly Stewart was at that time involved in local radio and she kindly invited me to be the studio guest one day to generate publicity for the work of the Franciscans. More donations and a guest slot on Bay Radio followed.

In 2010 The Original Charity Shop and Library in Javea offered funding on a regular basis for Saturday lunches. Their President had visited the Hospice and realised that the food served



was very basic, depending on the resources available to the Brothers and the generosity of local volunteers. A good three course lunch prepared and served by English speaking groups every Saturday became a lifeline. I organised a cooking rota for various individuals and organisations from the Gandia and Northern Costa Blanca areas. Hazel and Tony Layt soon became stalwarts on this rota. Since that time Hazel has worked tirelessly with her friends from Albir Church, members of the Marina Alta U3A and Giving 4 Giving to bring in donations and cook meals for the residents. Hazel is renowned for her Christmas meals and her trifles. Everyone at the Hospice has received a gift from the Albir congregation.

Sadly the COVID 19 pandemic lockdowns put a stop to the regular Saturday lunches, but they have been replaced with a weekly big shop for fresh food, cleaning materials and personal hygiene items, funded by The Original Charity Shop and Library together with donations from individuals. Thanks to the wonders of the internet, despite moving back to the U.K. I'm still able to organise the rota and make bank transfers to cover the cost of these essential supplies, which facilitate the wonderful work of love and charity at Palma de Gandia. We're short

of volunteers for the shopping rota , so if you think you could give up half a day every few weeks, please contact me, but be warned, it's hard work !

Over the years I've never ceased to be amazed by the total dedication and unswerving faith of the Brothers, who have given up their normal lives to care for hungry, homeless and ill men who have no other means of support. They accept people solely on the basis of need, irrespective of nationality or religion. They make their chapel available to the Chaplaincy for midweek services whenever Father Rodney asks. It matters not that we are Anglicans and they are Roman Catholics. Gandia committee meetings are also held in the meeting room. We are always welcome.

Somos Cristianos todos.

By a combination of unselfish hard work and prayer the Brothers have built from nothing a residential nursing care home which complies with modern standards. It is maintained without a cent of state aid, a deliberate decision so as to avoid bureaucracy and political interference, which would conflict with their Franciscan vows to give succour to the poor on the sole basis of need. If they are short of anything they either go without or share what they have between whoever is there, following the example of St. Francis of Assisi.

In a world full of darkness there is a beacon of light and hope at Palma de Gandia.

**If you would like further information or think that you could help in any way with the work of the Franciscans please contact Stephen on +34 647 285485 (WhatsApp) or email [cardenstephen@yahoo.co.uk](mailto:cardenstephen@yahoo.co.uk) or speak to Father Rodney or Hazel Layt.**

# Widows and Widowers of Orba

*Life in Spain by Janet Evans*

When we are nearing retirement some of us dream about an easier life in a warmer climate. Spain seems to offer these things. For most people this is true. However, we all know life can change when we least expect it. Most people come to Spain as a couple, but when one loses a loved one it can be extra hard living in a different country.

Do you stay or return to your native country? Only you can decide.

If you stay Spain can offer so much more beside the lovely weather. There are so many groups you can join. Whether it's through the church or U3A. These can offer many activities and support. If necessary you can start your own group in your area. Just meeting for a coffee or lunch can make a big difference to your sense of loneliness. This happened to me. It started when a son suggested to his mother, that meeting for a coffee with people who had also lost someone might not only help her but others as well. So she did!

It started small but has grown to about fifteen people. I have found it to be an enjoyable and uplifting experience.

If after a bereavement you choose to stay in Spain make the best of what life has to offer. It's out there if you go and look for it! Enjoy life it's a gift!



## Gandia News

Father Rodney accompanied by Father Robin and friends held a communion service for Gordon and Margaret Gillies in their home. As they are unable to travel.

Margaret provided a delicious tea after the service.

God Bless

# SPORTS ROUNDUP

## Golfing news

### The Orba Warblers Golf Society

Based in the Marina Alta we are a group of hookers and slicers who enjoy playing golf at up to 14 golf courses up and down the Costa Blanca, from Alicante in the south to Valencia in the North.

Our main aim is to enjoy golf, friendship and camaraderie, but to retain the rules and etiquette that most of us were brought up on, and that the game demands.

We play every Wednesday and welcome new members, single handicappers to much higher handicappers- the good, the not bad and the not too ugly.

If you would like to find out more, discover beautiful golfing locations and meet a diverse international group of hackers, then have a look at our website, and/or contact

**Julian Leckie, Society Secretary,**  
at [julianleck@aol.com](mailto:julianleck@aol.com)  
[orba-warblers.golf-club.website](http://orba-warblers.golf-club.website)



*Winners of the Spring Cup El Saler  
David Knight and John Drewery*



## Exercise quotes

**Golf:** a game in which you claim the privileges of age, and retain the playthings of childhood.  
Samuel Johnson

*"Whenever I feel like exercise, I lie down until the feeling passes!"* Robert M Hutchins

*"Walking is one of the best all round exercises you can do. A forty minute brisk walk a day improves your cardio vascular system and strengthens bones and muscles. Then you can have the lie down!"* DB

*"If I ever needed a brain transplant, I'd choose a sportswriters because I'd want a brain that's never been used!"* Norm Van Brocklin



Jalon Locals Danny and Lesley Mayers  
In 1994 Danny and Lesley Mayers brought a house in Lliber in the Jalon valley where they spent quality holiday time. Little did they know that nine years later they would set up a permanent home and business in the same valley?

Back in the time when the Romans invaded Britain, (Okay 1968) Danny opened his successful hairdressing business in Ramsgate Kent. Number One Hair Dressing Salon. Danny built a reputation second to none and many people, it was said, just came to Ramsgate to watch Danny cut hair or style the beautiful young ladies abundant curls. Remember it was the time of the Beatles and there were many different hair styles for men and women. In fact many of the men sported longer hair than the girls.

When Danny wasn't styling hair he excelled at sport. Clay pigeon shooting, horse riding and squash became something of a passion. I quote "As long as there was a beer at the end of it I would try any sport!" Normally I have the drink first then I try it! Ed.

Meanwhile Lesley had been working in Canada for ten years also as a hair stylist. On returning to England she applied for a job at the now expanding Number One Hair Dressing Salon.

Question, "did Lesley get the job?"  
Answer, "She impressed me so much she

got two jobs. One as my hair stylist and the other as my wife!"

The rest as they say is history!

## Danny and Lesley have been running The Cut Peluquería in Jalon. Since 2007 and provide a wonderful personal

**service.** I know as I get my hair cut there and Danny does a great job of only cutting out the grey hairs!  
When not working they spend time in the gymnasium and exploring the Spanish country side with Joe and Charlie their



two Affenpincher (Monkey) Terriers, who also work hard each day guarding the salon, while Danny and Lesley treat their clients to a wonderful hair experience!  
Now Danny, about my bald spot?

Ed.



Danny and Lesley Mayers  
Calle Benissa, 9 - Jalón 03727  
Tel: 966 481 458



# SMYTH'S FISH & CHIPS

AUTHENTIC



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**Restaurant +34 965 27 03 79**

# Welcome to our service



THE CHURCH  
OF ENGLAND



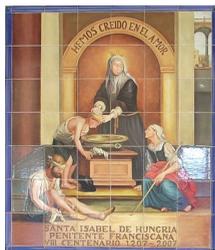
Albir  
Calle de Marte, 8  
03581 Albir, Alicante  
Service times: Sunday 9.30



Jávea  
Ctra. de Jesus Pobre, 160  
03737 Jávea, Alicante  
Service times: Sunday 9.45  
(9.30 July to September 11)  
Wednesday 10.30



EL Campello  
Carrer Bernat Metge, 3  
03560 El Campello, Alicante  
Service times: Sunday 12.00



Gandia  
The Chapel of the Fransican  
Hospice, CV 686, 671.  
07600, Palma de Gandia  
Service times: Sunday 12.00



La Fustera  
Avinguda Fustera, 33-39  
03720 Benissa, Alicante  
Service times: Sunday 12.15



Calpe  
Parroquia Nuestra Señora  
de la Merced  
Av. Jaime I El Conqueridor /  
Av. de la Merced, 2  
03710 Calpe, Alicante  
Service times: Sunday 10.30



Dénia  
Ctra. Provincial del Barranc  
del Monyo, 39  
03700 Dénia, Alicante  
Service times: Sunday 12.00



Forum Mare Nostrum  
Alfaz del Pi  
Service times: Thursday 11.00  
2nd Thursday of the Month -  
Healing Service

**Gandia Church** - After the disruptions of the previous year's Fallas this year was noisy and thoroughly enjoyable. Ninot's, everywhere and parades with young girls in their beautiful dresses accompanied by loudly playing bands.

We learned early in March that the Borja Palace where we hold our Sunday service will be sold. However, The monks of the Fransican Hospice have kindly offered us the use of their beautiful chapel in Palma de Gandia where we will now hold our Sunday services.

[www.costablanca-anglicanchaplaincy.org](http://www.costablanca-anglicanchaplaincy.org)